

Are you interested in, or do you have concerns about, local health and social care services? Would you like to help improve them?

Healthwatch Havering wants to hear from you!



To find out more about our Friends Network, or to volunteer with us, contact:



01708 303300



www.healthwatchhavering.co.uk/join-us



enquiries@healthwatchhavering.co.uk

Freepost HEALTHWATCH HAVERING



Friends Network

Your voice counts...

Have your say on health and social care services across Havering







Friends Network

Healthwatch Havering is the local consumer watchdog for health and social care services. In order to do our job properly, we need to know what people think about the services they receive from NHS services such as hospitals, community healthcare and primary care (including GPS, dentists, pharmacies and opticians), and from social care services, in Havering.

To achieve that, we have set up our Friends Network, through which you will be able to get your voice heard. We work with the NHS and local authorities to ensure that people's views are considered when services are being planned and to ensure they are listened to.

Find out what we are doing

By joining our Friends Network, we will be able to keep you informed of what we are doing, including forthcoming events and activities, and reports we are working on and publishing.

Contribute to our activities

Through our Friends Network, you will be able to participate in events and activities and, if you want to, contribute to surveys and consultations.

Let us know what you think

We need to know what people think about the health and social care services they need and receive. By joining our Friends Network, you will have opportunities to let us know what you think about those services.

Joining our Friends Network is simple and costs nothing...

All we need from you is an email address – and if you prefer to keep in touch by post, you can let us have your name and postal address so we can write to you instead.

Simply complete the form below, pop it in an envelope and post it to us at

Freepost HEALTHWATCH HAVERING (no stamp needed)

and we will take it from there...

I would like to join the Healthwatch Havering Frie	e <mark>nds N</mark> etwork
Name	
My email address is:	
OR	
I prefer to be kept in touch through the post.	
My postal address is	
	_
Postcode_	
Lunderstand that Healthwatch Havering will retain	n my details o

I understand that Healthwatch Havering will retain my details on its Friends Network database and use it ONLY for the purposes of the Network. I also understand that I can cancel my subscription to the Friends Network at any time